

**VII MARATON PENEDOS DO LOBO**

Manzaneda, 16 de Septiembre de 2012

**RESULTADOS MARATON**

| P. | Dr. | Nome e Apelidos                  | Data Nac.  | Cidade               | TEMPO<br>½ Maraton | TEMPO<br>FINAL | Movilidad<br>Km/hora |
|----|-----|----------------------------------|------------|----------------------|--------------------|----------------|----------------------|
| 1  | 1   | Fernando ARCA CASAL              | 04/02/1971 | Cuntis               | 1:45:22            | 4:03:52        | 10,381               |
| 2  | 89  | Raúl MANTILLA GIL                | 01/03/1980 | Mos                  | 1:46:29            | 4:04:06        | 10,372               |
| 3  | 30  | Javier COPETE MARTINEZ           | 03/10/1970 | La Corredoira        | 1:45:21            | 4:08:18        | 10,196               |
| 4  | 22  | Oscar LUGRIS BETETA              | 19/09/1974 | Lugo                 | 1:50:02            | 4:21:17        | 9,689                |
| 5  | 38  | Ramón ALVAREZ RODRIGUEZ          | 04/05/1987 | Vigo                 | 1:58:56            | 4:22:39        | 9,639                |
| 6  | 88  | Jorge J. DIZ CARRERA             | 30/06/1962 | O Porriño            | 1:56:14            | 4:23:46        | 9,598                |
| 7  | 41  | Manuel A. LAGO RIOS              | 02/04/1970 | Redondela            | 1:56:39            | 4:24:35        | 9,569                |
| 8  | 103 | João P. CONÇALVES                | 13/01/1972 | Várzea-Barcelos      | 1:58:57            | 4:27:02        | 9,481                |
| 9  | 133 | Suso QUINTANS MARTINEZ           | 29/01/1973 | Milladoiro           | 1:52:32            | 4:29:06        | 9,408                |
| 10 | 134 | Alfonso VILELA PEREZ             | 15/04/1972 | Pontevedra           | 1:50:51            | 4:33:02        | 9,272                |
| 11 | 125 | Luis CARBALLO POSE               | 05/03/1985 | Maceda               | 1:52:37            | 4:33:46        | 9,248                |
| 12 | 56  | Javier VIEITES MANSO             | 14/05/1991 | A Pobra de Trives    | 2:04:45            | 4:46:37        | 8,833                |
| 13 | 55  | Rubén SECO FERNANDEZ             | 17/04/1979 | Mugardos             | 1:59:32            | 4:48:30        | 8,775                |
| 14 | 47  | Miguel RAMOS LOPEZ               | 11/06/1981 | Couso                | 2:04:07            | 4:48:50        | 8,765                |
| 15 | 107 | José R. MENDEZ MENDEZ            | 14/05/1973 | Ordes                | 2:09:02            | 4:54:14        | 8,604                |
| 16 | 132 | José C. RODRIGUES PEIXOTO        | 10/02/1972 | Barcelos             | 2:04:29            | 4:55:15        | 8,575                |
| 17 | 36  | José M. ARGIBAY TORRES           | 17/10/1976 | Foteculler-Culleredo | 2:07:07            | 4:57:51        | 8,500                |
| 18 | 97  | Kike PIÑEIRO GARCIA              | 15/11/1976 | Jubia                | 2:05:52            | 5:00:20        | 8,430                |
| 19 | 5   | Juan C. DIAZ LOPEZ               | 20/08/1969 | Sarria               | 2:02:30            | 5:00:29        | 8,425                |
| 20 | 31  | Jesús GOMEZ FERNANDEZ            | 25/03/1967 | Vigo                 | 2:07:03            | 5:01:06        | 8,408                |
| 21 | 40  | Rubén SIO FERNANDEZ              | 21/02/1973 | O Porriño            | 2:11:57            | 5:01:35        | 8,395                |
| 22 | 115 | Antonio AGULLO CANDA             | 08/09/1970 | Lalín                | 2:06:41            | 5:02:02        | 8,382                |
| 23 | 110 | Mª del Rosario FIGUEROA FIGUEROA | 31/08/1981 | Bueu                 | 2:10:44            | 5:05:09        | 8,297                |
| 24 | 15  | José Mª CARPINTERO LABRADOR      | 04/08/1969 | Vigo                 | 2:03:53            | 5:08:37        | 8,203                |
| 25 | 108 | Angel MEIRA DIEGUEZ              | 09/07/1960 | Ourense              | 2:13:23            | 5:08:47        | 8,199                |
| 26 | 85  | José P. CASAS NOGUEROL           | 19/01/1976 | A Coruña             | 2:05:51            | 5:09:05        | 8,191                |
| 27 | 135 | Emilio CARBALLES SANDE           | 07/03/1973 | Ourense              | 2:07:19            | 5:11:49        | 8,119                |
| 28 | 23  | David SEIJO NOVOA                | 30/12/1974 | Vilagarcía de Arousa | 2:11:11            | 5:13:07        | 8,085                |
| 29 | 7   | Ricardo ARIAS ALVAREDO           | 11/12/1969 | Sarria               | 2:03:47            | 5:13:43        | 8,070                |
| 30 | 14  | Pío RODRIGUEZ RODRIGUEZ          | 06/08/1973 | A Valenzá            | 2:03:46            | 5:18:28        | 7,950                |
| 31 | 61  | Eleuterio M. COUCEIRO EIRIS      | 07/05/1964 | Cambre               | 2:05:00            | 5:18:31        | 7,948                |
| 32 | 35  | Luis GUIMAREY PEREZ              | 25/08/1956 | Vigo                 | 2:06:53            | 5:19:18        | 7,929                |
| 33 | 59  | Alberto DURAN DAMORES            | 22/01/1974 | Baredo-Baiona        | 2:11:26            | 5:25:03        | 7,789                |
| 34 | 33  | Adrián LAMAPEREIRA YAÑEZ         | 08/03/1983 | Sarria               | 2:11:58            | 5:25:03        | 7,789                |
| 35 | 84  | Nacho PEREZ RODRIGUEZ            | 28/11/1970 | Ourense              | 2:20:25            | 5:25:34        | 7,776                |
| 36 | 46  | Tereza CTVRTNICKOVA              | 28/03/1979 | Ferrol               | 2:18:17            | 5:25:44        | 7,772                |
| 37 | 29  | Fernando LAGO CASTRO             | 12/09/1972 | Vigo                 | 2:20:26            | 5:25:46        | 7,772                |
| 38 | 28  | Eduardo GOY GOMEZ                | 02/08/1968 | Redondela            | 2:20:27            | 5:25:47        | 7,771                |
| 39 | 11  | Francisco J. REY PADIN           | 20/04/1976 | Vilagarcía de Arousa | 2:14:18            | 5:27:26        | 7,732                |

**VII MARATON PENEDOS DO LOBO***Manzaneda, 16 de Septiembre de 2012*

|    |     |                               |            |                      |         |         |       |
|----|-----|-------------------------------|------------|----------------------|---------|---------|-------|
| 40 | 8   | Juan C. VIDAL GONZALEZ        | 08/07/1966 | Ponteareas           | 2:05:52 | 5:29:05 | 7,693 |
| 41 | 53  | José A. SUAREZ DOMINGUEZ      | 17/07/1963 | Ourense              | 2:20:24 | 5:29:35 | 7,682 |
| 42 | 127 | Víctor M. ROLAN PAZOS         | 30/11/1971 | O Rosal              | 2:18:36 | 5:29:41 | 7,679 |
| 43 | 37  | Julio ALVAREZ ESTEVEZ         | 03/11/1969 | Vigo                 | 2:17:04 | 5:30:03 | 7,671 |
| 44 | 75  | Juan A. QUIÑONES MIGUEZ       | 07/05/1969 | Redondela            | 2:17:35 | 5:30:05 | 7,670 |
| 45 | 121 | Miguel AGULLO CANDA           | 25/07/1964 | Lalín                | 2:15:06 | 5:30:06 | 7,669 |
| 46 | 81  | Lucas TUDO SANDES             | 18/12/1979 | Santa Cruz-Oleiros   | 2:21:21 | 5:36:28 | 7,524 |
| 47 | 119 | Francisco MOURE FERNANDEZ     | 06/03/1970 | Vigo                 | 2:25:43 | 5:36:41 | 7,520 |
| 48 | 118 | Juan C. CARCEDO FERNANDEZ     | 28/07/1967 | Vigo                 | 2:25:42 | 5:38:07 | 7,488 |
| 49 | 112 | Javier PALOMO CAMPOS          | 20/01/1969 | Perillo              | 2:19:22 | 5:41:41 | 7,409 |
| 50 | 63  | Iván PRADO LOPEZ              | 02/02/1992 | Sarria               | 2:20:24 | 5:42:05 | 7,401 |
| 51 | 21  | Andrés FARALDO VALLES         | 30/09/1976 | Ourense              | 2:22:07 | 5:45:02 | 7,338 |
| 52 | 98  | Carlos DE LA VEGA SIERRA      | 18/10/1982 | Santa Cruz-Oleiros   | 2:20:52 | 5:46:19 | 7,310 |
| 53 | 96  | Juan C. FEAL RIVERA           | 10/06/1964 | Fene                 | 2:18:59 | 5:47:29 | 7,286 |
| 54 | 123 | Leopoldo GARCIA GONZALEZ      | 25/06/1970 | Vigo                 | 2:25:43 | 5:48:42 | 7,260 |
| 55 | 32  | Pablo SANCHEZ SANCHEZ         | 14/01/1979 | Sarria               | 2:22:28 | 5:50:07 | 7,231 |
| 56 | 87  | Benigno VARELA LOUREDA        | 14/10/1971 | Oseiro-Arteixo       | 2:20:23 | 5:50:07 | 7,231 |
| 57 | 111 | Javier FERNANDEZ RODRIGUEZ    | 03/02/1986 | Luintra              | 2:17:06 | 5:50:31 | 7,223 |
| 58 | 54  | Sergio SIGNES GOMEZ           | 12/06/1976 | Viana do Bolo        | 2:30:22 | 5:50:44 | 7,218 |
| 59 | 80  | Carlos MURADAS NUÑEZ          | 16/11/1971 | Ourense              | 2:25:41 | 5:52:36 | 7,180 |
| 60 | 102 | Hipólito LIÑAYO CAMPOS        | 30/01/1966 | Noia                 | 2:33:27 | 5:53:01 | 7,172 |
| 61 | 90  | Oscar FRESNEDO ARIAS          | 20/08/1983 | A Coruña             | 2:28:24 | 5:53:19 | 7,166 |
| 62 | 60  | Jorge MARTINEZ VAZQUEZ        | 25/07/1974 | Sada                 | 2:09:02 | 5:53:26 | 7,163 |
| 63 | 68  | Luis GONZALEZ ALONSO          | 04/07/1976 | Sada                 | 2:21:12 | 5:53:27 | 7,163 |
| 64 | 39  | Marcos DAPOZA ALONSO          | 04/05/1975 | Ourense              | 2:21:36 | 5:53:29 | 7,162 |
| 65 | 44  | Diego GOMEZ FERNANDEZ         | 07/08/1985 | Amoeiro              | 2:25:44 | 5:53:57 | 7,153 |
| 66 | 43  | Adrián RODRIGUEZ DIAZ         | 04/10/1987 | A Peroxa             | 2:25:46 | 5:53:57 | 7,153 |
| 67 | 20  | Pío DOMINGUEZ RODRIGUEZ       | 23/04/1956 | Piñeiro              | 2:25:40 | 5:54:13 | 7,147 |
| 68 | 79  | Antonio FERNANDEZ DIAZ        | 17/09/1970 | Ourense              | 2:16:21 | 5:56:15 | 7,107 |
| 69 | 124 | José M. RODRIGUEZ FERNANDEZ   | 18/02/1966 | Vigo                 | 2:31:35 | 5:56:22 | 7,104 |
| 70 | 69  | Diego PAZOS SAINZA            | 11/01/1981 | Verín                | 2:21:04 | 5:56:30 | 7,102 |
| 71 | 83  | Luis RODRIGUEZ NUÑEZ          | 28/03/1974 | Paderne de Allariz   | 2:28:23 | 5:56:32 | 7,101 |
| 72 | 51  | Carlos SOUTO VEIGA            | 05/08/1966 | Cambre               | 2:30:23 | 5:56:34 | 7,100 |
| 73 | 100 | Manuel OTERO GOMEZ            | 09/07/1967 | Cambre               | 2:35:01 | 5:57:20 | 7,085 |
| 74 | 45  | José M. LOPEZ LOPEZ           | 02/08/1969 | Sarria               | 2:23:26 | 5:57:54 | 7,074 |
| 75 | 72  | Diego NOVELLE PRADO           | 14/03/1978 | Ourense              | 2:23:15 | 5:58:06 | 7,070 |
| 76 | 116 | Blas RODRIGUEZ VAZQUEZ        | 09/02/1962 | A Coruña             | 2:28:25 | 6:00:09 | 7,030 |
| 77 | 129 | José A. CASTRO LISTA          | 25/10/1975 | Santiago de C.       | 2:31:03 | 6:00:09 | 7,030 |
| 78 | 137 | Manuel DOMINGUEZ DE LA FUENTE | 16/04/1977 | Ourense              | 2:28:44 | 6:05:03 | 6,935 |
| 79 | 78  | Ricardo ARAUJO PEREZ          | 21/05/1969 | Verín                | 2:05:05 | 6:05:41 | 6,923 |
| 80 | 131 | David LOPEZ RIVAS             | 13/04/1975 | Santiago de C.       | 2:31:04 | 6:06:34 | 6,907 |
| 81 | 17  | Fernando LORDA GOMEZ          | 24/11/1971 | Vilagarcía de Arousa | 2:35:31 | 6:08:07 | 6,877 |
| 82 | 91  | Esteban GONZALEZ RODRIGUEZ    | 20/11/1972 | Cabañas Raras        | 2:35:29 | 6:08:07 | 6,877 |
| 83 | 27  | Víctor DIAZ PAZ               | 31/03/1975 | Ourense              | 2:29:08 | 6:08:55 | 6,863 |
| 84 | 9   | Pablo MARTINEZ ABRIL          | 21/04/1970 | Vigo                 | 2:31:05 | 6:09:13 | 6,857 |

**VII MARATON PENEDOS DO LOBO***Manzaneda, 16 de Septiembre de 2012*

|     |     |                               |            |                   |         |         |        |
|-----|-----|-------------------------------|------------|-------------------|---------|---------|--------|
| 85  | 50  | Marcos GARCIA LAGO            | 02/06/1970 | Redondela         | 2:34:33 | 6:13:51 | 6,772  |
| 86  | 34  | Evaristo PEREZ ALVAREZ        | 15/11/1956 | Vigo              | 2:34:34 | 6:15:38 | 6,740  |
| 87  | 109 | Manoel A. GANDON ESTEVEZ      | 29/05/1966 | Bueu              | 2:26:20 | 6:18:10 | 6,695  |
| 88  | 48  | José ESTEVES                  | 09/12/1957 | Chaves            | 2:26:37 | 6:19:21 | 6,674  |
| 89  | 113 | Alejandro LOPEZ PEREZ         | 14/04/1978 | Ourense           | 2:29:10 | 6:19:39 | 6,669  |
| 90  | 114 | Juan A. LOPEZ PEREZ           | 16/07/1973 | Ourense           | 2:29:10 | 6:19:40 | 6,668  |
| 91  | 126 | Domingo DURAN SILVA           | 06/08/1971 | Baiona            | 2:29:07 | 6:21:10 | 6,642  |
| 92  | 120 | Camilo FRAGA OTERO            | 04/10/1982 | Dozón             | 2:30:25 | 6:21:10 | 6,642  |
| 93  | 66  | Daniel REBOREDO FERNANDEZ     | 22/11/1981 | Lalín             | 2:37:29 | 6:21:36 | 6,634  |
| 94  | 128 | Xulio MARTINEZ SALGADO        | 10/03/1964 | Ourense           | 2:35:33 | 6:22:21 | 6,621  |
| 95  | 106 | Miguel BORRAJO DES            | 05/10/1976 | O Carballiño      | 2:36:05 | 6:24:08 | 6,591  |
| 96  | 86  | Fernando GONZALEZ RODRIGUEZ   | 21/01/1973 | Vedra             | 2:19:23 | 6:27:01 | 6,542  |
| 97  | 92  | José R. CALVO FERNANDEZ       | 16/10/1973 | Barbadás          | 2:25:41 | 6:27:01 | 6,542  |
| 98  | 26  | Rafael A. VACAS GONZALEZ      | 02/09/1970 | A Coruña          | 2:33:28 | 6:27:10 | 6,539  |
| 99  | 74  | Denis FERREIRA DOVAL          | 11/10/1990 | Ourense           | 2:23:25 | 6:29:32 | 6,499  |
| 100 | 49  | Marcos ADÃO                   | 22/11/1961 | Chaves            | 2:26:38 | 6:29:48 | 6,495  |
| 101 | 42  | Marcos PAVON VARELA           | 26/01/1986 | A Peroxa          | 2:24:45 | 6:32:02 | 6,458  |
| 102 | 138 | Belén RODRIGUEZ VIDAL         | 24/03/1975 | O Carballiño      | 2:46:17 | 6:32:03 | 6,458  |
| 103 | 57  | Ricardo VIEITES BLANCO        | 19/05/1961 | A Pobra de Trives | 2:37:18 | 6:33:10 | 6,439  |
| 104 | 65  | José A. GARCIA FANDIÑO        | 27/11/1960 | Ferrol            | 2:32:17 | 6:34:20 | 6,420  |
| 105 | 95  | José M. VAZQUEZ ALVAREZ       | 06/06/1957 | Ourense           | 2:37:47 | 6:37:14 | 6,373  |
| 106 | 70  | José A. MARTINEZ MARQUEZ      | 07/12/1956 | Vigo              | 2:37:14 | 6:37:55 | 6,362  |
| 107 | 82  | Vicente LOURIDO VAZQUEZ       | 10/11/1980 | A Coruña          | 2:36:59 | 6:42:50 | 6,285  |
| 108 | 130 | Francisco J. GOMEZ LEMOS      | 14/12/1973 | Arteixo           | 2:42:30 | 6:48:50 | 6,192  |
| 109 | 76  | Manuel GONZALEZ NOVOA         | 11/09/1971 | Lugo              | 2:39:45 | 6:48:50 | 6,192  |
| 110 | 122 | Rafael DIOS GONZALEZ          | 20/05/1966 | Ponteareas        | 2:30:24 | 6:48:50 | 6,192  |
| 111 | 13  | Damián RODRIGUEZ MONTALBAN    | 19/04/1974 | O Porriño         | 2:42:08 | 6:52:02 | 6,144  |
| 112 | 12  | Oscar OTERO FERNANDEZ         | 09/05/1974 | O Porriño         | 2:42:08 | 6:52:02 | 6,144  |
| 113 | 62  | Pedro APARICIO DELGADO        | 08/10/1968 | Madrid            | 2:54:44 | 6:53:27 | 6,123  |
| 114 | 136 | Bassit BRIGUECH               | 04/02/1968 | Madrid            | 2:45:59 | 7:01:01 | 6,013  |
| 115 | 105 | Felipe ROCHA GARCIA           | 27/07/1979 | Ourense           | 2:44:43 | 7:04:34 | 5,963  |
| 116 | 101 | Luis F. DIES GIL              | 09/03/1970 | Valdemoro         | 2:54:43 | 7:09:58 | 5,888  |
| 117 | 94  | José A. PEREZ FERNANDEZ       | 07/10/1958 | Ourense           | 2:55:29 | 7:14:32 | 5,826  |
| 118 | 77  | Carlos MENENDEZ VILLALVA      | 08/07/1961 | Ourense           | 2:55:30 | 7:14:33 | 5,826  |
|     | 10  | Iván LUGRIS BETETA            | 22/05/1972 | Melide            | 2:23:27 | DNF     | 8,824  |
|     | 99  | José M. FERREIRO VAZQUEZ      | 07/11/1965 | Ourense           | 2:10:43 | DNF     | 9,684  |
|     | 18  | Miguel NOVO REGUEIRA          | 20/09/1976 | O Porriño         | 2:17:05 | DNF     | 9,234  |
|     | 71  | Estivel MARTINEZ MEDINA       | 26/03/1982 | Vigo              | 2:14:34 | DNF     | 9,407  |
|     | 139 | José M. IGLESIAS RODRIGUEZ    | 05/02/1956 | Ourense           | 2:59:53 | DNF     | 7,037  |
|     | 58  | Miguel TORRADO GONZALEZ       | 25/03/1979 | Porto do Son      | 2:44:26 | DNF     | 7,698  |
|     | 67  | Jesús M. PASANDIN GARCIA      | 09/05/1976 | Sada              | 1:50:01 | DNF     | 11,506 |
|     | 19  | Juan M. ESTEVEZ RODRIGUEZ     | 09/06/1975 | Ourense           | 2:25:40 | DNF     | 8,690  |
|     | 3   | Francisco X. GONZALEZ RODICIO | 03/12/1974 | Ourense           | 1:57:01 | DNF     | 10,817 |
|     | 2   | Ramón A. CONDE BERMUDEZ       | 18/12/1951 | Milladoiro        | 2:55:31 | DNF     | 7,212  |
|     | 73  | Cristian SEOANE NOVOA         | 15/06/1991 | Ourense           | 2:40:18 | DNF     | 7,897  |





## VII MARATON PENEDOS DO LOBO

Manzaneda, 16 de Septiembre de 2012

|     |                                 |            |                |  |     |
|-----|---------------------------------|------------|----------------|--|-----|
| 104 | Francisco J. MARNOTES RODRIGUEZ | 28/05/1976 | Lalín          |  | DNS |
| 16  | Alberto MORILLAS HERRANZ        | 18/12/1987 | Madrid         |  | DNS |
| 25  | Xoma PEREZ RODRIGUEZ            | 14/03/1959 | Punxín         |  | DNS |
| 24  | António A. SILVA                | 21/03/1964 | Paredes        |  | DNS |
| 64  | Javier PERRUCA GOMEZ            | 13/06/1976 | Móstoles       |  | DNS |
| 93  | Jesús PEREZ BALIRAC             | 16/04/1967 | Santiago de C. |  | DNS |
| 6   | Carlos BARDANCA FUENTES         | 07/05/1978 | Carballo       |  | DNS |
| 52  | Rubén GONZALEZ RODRIGO          | 10/12/1973 | Cangas de Onis |  | DNS |
| 4   | Pablo LOPEZ CALAZA              | 13/02/1975 | Ferrol         |  | DNS |
| 117 | Antonio GUERREIRO PANTALEON     | 31/08/1973 | A Coruña       |  | DNS |

DNF= ABANDONÓ

DNS= NO SALIÓ

DQ= DESCALIFICADO

INFORMACIÓN, RESULTADOS Y FOTOS EN [WWW.PENEDOSDOLOBO.COM](http://WWW.PENEDOSDOLOBO.COM)



**La Región**